# Central Coast Grammar School
## Canteen Summer Menu (as at Oct, 2014)

### Breakfast
- Cheese Jaffle: 2.00
- Fresh Fruit: Seasonal

### Sandwiches
- Vegemite: 2.00
- Spaghetti: 2.00
- Baked Beans: 2.00
- Honey: 2.00
- Tomato: 2.00
- Cheese: 2.00
- Egg: 3.00
- Curried Egg: 3.00
- Ham: 4.00
- Chicken: 4.00
- Salad: 4.00
- Salmon: 4.50
- Smoked Salmon: 6.00

**Extras on Sandwiches / Rolls**
- Tomato: 0.30
- Lettuce: 0.30
- Cheese: 0.30
- Roll: 0.80

**Choices of Breads:**
- White & Wholemeal Bread & Rolls
- Wraps

### Hot Food
- Chicken Nuggets: 1.00
- Pizza Rounda: 2.00
- Chicken & Corn Roll: 2.00
- Sun Rice Fried Rice: 3.00
- Garlic Bread: 2.00

### Eagle Boys Pizza: 4.00
- Ham & Pineapple, Chicken & Vegies

**Thursday: Only**

### Chicken Burger: 4.00
**Tuesday: Only**

### Sushi:
**Monday & Friday**
- Chicken, Salmon Teriyaki, & Vegetarian: 4.00

All Breads used in Canteen are **"Preservative Free"**

### Fruit
- Sliced Watermelon: 1.00
- Maaria’s Cored Peeled, Spiral Apple Special: 1.00

### Drinks
**Flavour Milk**
- Chocolate Oak: 4.00
- Strawberry Oak: 4.00
- Banana Oak: 4.00
- Vanilla Oak: 4.00
- Just Natural: 4.00
- Ice Break: 4.00
- Ice Tea/Green Tea: 4.00
- Chocolate 300mls: 3.00
- Strawberry 300mls: 3.00
- Milk (Plain 250ml): 1.00
- Milk (Plain 500ml): 2.00
- Light Soft drink Cans: 2.00
- Daily Orange Juice (300ml): 2.50
- P/apple, Apple & Blackcurrant: 2.50
- Sparkling Apple Juice: 2.00
- Franklin Water (600ml): 2.00
- Berri Pop Top: (Apple, Orange, multi-v): 2.00
- Play Water (375ml): 2.00
- Poppers: Orange, Apple, Tropical: 1.00

### Snacks
- Fresh Fruit: Seasonal
- Hot Popcorn: 1.00
- Ginger Bread: 2.00
- JJ Crispy Noodles (Snack): 1.50
- Banana Bread: 3.00
- Coconut Bread: 2.00
- Chips: 1.50

### Salads
- Salad Tray: 5.00
- (Extras: Ham, Chicken & Red Salmon): 1.00
- Smoked Salmon: 1.50

### Caesar Salad: on Order Only
- Salad Only: 4.00
- Chicken Salad: 5.00
SUGGESTIONS:

ROLLS/White and Wholemeal

WRAPS

SANDWICH/White and Wholemeal

1. Leg Ham, Mustard, Cheddar Cheese & Baby Spinach
   $6.00

2. Chicken, Mayo, Avocado & Rocket
   $6.00

3. Salmon, Cream Cheese, Red Onion & Mixed Lettuce
   or
   Smoked Salmon
   $6.00

   $5.00

5. Curried Egg, Mixed Lettuce & Shallots
   $5.00