

CCGS Senior Netball Newsletter 2016

Issue 5
25th May 2016



CENTRAL COAST GRAMMAR SCHOOL

SENIOR NETBALL 2016

Results from 21st May – Round 4

Firssts lost to Oakhill College 63 to 33

Senior B's lost against Oakhill (4) 52 to 16

Lost against Oakhill (5) 50 to 31

Inter A's defeated St Andrews Cathedral School 38 to 31

Inter B's defeated St Andrews Cathedral School 31 to 28

Junior A's defeated St Andrews Cathedral School 41 to 23

Junior B's had a draw 25 all against St Andrews Cathedral School

ISA Round 5 Saturday 28th May

Firssts vs Barker	8.30am
Junior A vs St Spyridons	8.30am
Senior B vs Barker	9.45am
Intermediate A vs Barker	9.45am
Intermediate B vs St Spyridons	11.00am
Junior B vs St Spyridons	11.00am

Thursday 23rd June

CCGS Vs Hunter Valley Grammar School Sports afternoon

Venue: Hunter Valley Grammar School

Teams involved: Firssts
Intermediate A
Junior A

Time: TBC

Transport: Bus

More details regarding the afternoon will be provided closer to the date.

Firsts Match Report

Firsts 33 defeated by Oakhill College 63

From the starting whistle, CCGS knew that it would be their hardest game of the season. With this in the forefront of their mind however, there was consistent full court defence and high levels of cohesion in the first quarter, with the quarter ending with CCGS only trailing by four points.

Second quarter saw a bit of a lull in the attacking end as there was increased difficulty in managing to break for the centre pass, so ball after ball had to be thrown backwards to either the GD or WD. This proved to be a tiresome challenge, and the energy levels started to slowly drop across the whole court.

Going into the third quarter with some major positional changes of Milly into GA, Sophie into WA, and Maddie into Centre showed a huge improvement on breaking for the C pass and managing to land and feed from the circle edge. Tighter defence led to the reward from multiple turnovers in the centre third.

The fourth quarter, despite the somewhat apparent goal margin, fitness levels didn't drop and the firsts utilised this game to experiment with new combinations that showed to be a huge success.

Despite going down 32 – 63, it was a brilliant game from every player and a learning game that can only prove to be beneficial. Player of the match went to Sophie Totonjian, who despite being extremely sick, never once gave up, and her incredible fitness levels and optimism was obvious on the court with her successful goal assists and turn overs in the defence end.

Maddie Hompot (C)

Intermediate A Match Report

CCGS 38 defeated St Andres Cathedral School 31

This week the girls won't against St Andrews. The girls worked exceptionally well in getting a win, but they didn't have the best start to the game, as there were a few errors in the first quarter. However, during the game the girls improved, playing hard and strong, executing the ball down the court. By half time we were down by three point and with a few changes to positions the girls attitudes changed and started to play as a team. Two players that stood out were Estelle and Jaz. Estelle played GA going into the 3rd quarter and played beautifully, creating great options to shoot the ball and Jaz at the other end dominating through rebounding and intercepting the ball. Overall each girls on the court had a great game and a mind blowing win for the week. Keep up the good work girls!

Katherine Tyson (Coach)

Intermediate B Match Report

CCGS 31 defeated SACS 28

Congratulations to our Intermediate B Team! The girls played their best game yet against SACS. Our defenders worked well intercepting balls and returning them down to our shooters. Dropped balls were quickly picked up and the girls talked to each other throughout the game. It was fantastic to see the girls putting many of the skills they have been working on during their training sessions into practise! Congratulations on your first win for the season!

Tara Metcalfe (Manager)



Junior A Match Report

CCGS 41 defeated St Andrews Cathedral School 23

The Junior A's won convincingly against St Andrews Cathedral School on Saturday 41 to 23. Right from the first goal within minutes from the start, the girls held the lead through each quarter. The team played beautifully together, particularly in our circle with our shooters rarely missing a shot. When we weren't in possession our defence was fantastic, we had a few great intercepts and turnovers after applying constant pressure to St Andrews.

Susan & Emily



Junior B Match Report

CCGS drew 25 all against St Andrews Cathedral College

A well fought game see sawing back and forth. The girls handle the tension. Most impressive was the mid-court pressure and determination to work as a team. Thank you to Maddie as Co-Captain. Everyone worked hard to defend to take the pressure off the defences who had a super accurate shooter to defend.

Jacqui McAtamney (Coach)

RND	DATE	TEAM	VENUE	TIME	UMPIRE
1	30 th April	SENIOR B vs Oxley	OXLEY	9.00am	Oxley/Oxley
		JUNIOR A vs Oxley	OXLEY	9.00am	Maddy/ Oxley
		FIRSTS vs Oxley	OXLEY	10.15am	Maddy/Oxley
		JUNIOR B vs SPGS	SPGS	9.00am	SPGS/SPGS
		INTERMEDIATE A vs SPGS	SPGS	9.00am	SPGS/SPGS
		INTERMEDIATE B vs Barker	Brick Pitt Crt 3	9.45am	Barker/Barker
2	7 th May	FIRSTS vs Redlands	NBISC Crt 1	8.30am	Maddy/ Redlands
		JUNIOR A vs Redlands	NBISC Crt 2	8.30am	Redlands/Redlands
		SENIOR B vs Redlands	NBISC Crt 1	9.45am	Maddy/Redlands
		INTERMEDIATE A vs Redlands	NBISC Crt 2	9.45am	Redlands/Redlands
		INTERMEDIATE B vs BMGS	BMGS	11.30am	BMGS/BMGS
		JUNIOR B vs BMGS	BMGS	11.30am	BMGS/BMGS
3	14 th May	FIRSTS vs Chevalier	CCGS CRT 1	9.00am	Maddy/Janai
		JUNIOR A vs Chevalier	CCGS CRT 2	9.00am	Julie/Isabella
		SENIOR B vs Chevalier	CCGS CRT 2	10.15am	Julie/Isabella
		INTERMEDIATE A vs Chevalier	CCGS CRT 1	10.15am	Maddy/Janai
		INTERMEDIATE B vs Chevalier	CCGS CRT 1	11.30am	Maddy/Janai
		JUNIOR B vs Chevalier	CCGS CRT 2	11.30am	Julie/Isabella
4	21 st May	FIRSTS vs Oakhill 1	Oakhill Crt 1	8.30am	Maddy/Oakhill
		SENIOR B vs Oakhill 4	Oakhill Crt 2	8.30am	Oakhill/Oakhill
		SENIOR B vs Oakhill 5	Oakhill Crt 1	11.00am	Maddy/Oakhill
		JUNIOR A vs SACS	SACS CRT 2	8.00am	SACS/SACS
		INTERMEDIATE A vs SACS	SACS CRT 2	9.15am	SACS/SACS
		INTERMEDIATE B vs SACS	SACS CRT 1	10.30am	SACS/SACS
		JUNIOR B vs SACS	SACS CRT2	10.30am	SACS/SACS
5	28 th May	FIRSTS vs Barker	CCGS CRT 1	8.30am	Maddy/Barker
		JUNIOR A vs St Spyridons	CCGS CRT 2	8.30am	Janai/Isabella
		SENIOR B vs Barker	CCGS CRT 2	9.45am	Janai/Barker
		INTERMEDIATE A vs Barker	CCGS CRT 1	9.45am	Maddy/Barker
		INTERMEDIATE B vs St Spyridons	CCGS CRT 2	11.00am	Janai/Isabella
		JUNIOR B vs St Spyridons	CCGS CRT 1	11.00am	Maddy/Julie
6	4 th June	FIRSTS vs Redlands	CCGS CRT 1	8.30am	Maddy/Redlands
		JUNIOR A vs Redlands A	CCGS CRT 2	8.30am	Janai/Isabella
		JUNIOR B vs BMGS	CCGS CRT 2	9.45am	Janai/Isabella
		INTERMEDIATE A vs Redlands	CCGS CRT 1	9.45am	Maddy/Redlands
		INTERMEDIATE B vs BMGS	CCGS CRT 1	11.00am	Maddy/Margaret A
		JUNIOR A vs Redlands B	CCGS CRT 2	11.00am	Janai/Redlands
		SENIOR B vs Redlands	CCGS CRT 1	12.15pm	Maddy/Janai
7	18 th June	FIRSTS vs Oakhill 1	CCGS CRT 1	8.30am	Maddy/Oakhill
		SENIOR B vs Oakhill 4	CCGS CRT 2	8.30am	Julie/Janai
		INTERMEDIATE A vs SACS	CCGS CRT 1	9.45am	Maddy/Janai
		JUNIOR A vs SACS	CCGS CRT 2	9.45am	Julie/Isabella
		SENIOR B vs Oakhill 5	CCGS CRT 1	11.00am	Maddy/Janai
		JUNIOR B vs SACS	CCGS CRT 2	11.00am	Julie/Isabella
		INTERMEDIATE B vs SACS	CCGS CRT 1	12.15pm	Maddy/Janai
8	23 rd July	FIRSTS vs Barker	Brick Pitt Crt 2	9.45am	Barker/Barker
		SENIOR B vs Barker	Brick Pitt Crt 2	8.30am	Barker/Barker
		INTERMEDIATE A vs Barker	Brick Pitt Crt 3	8.30am	Barker/Barker
		INTERMEDIATE B vs St Spyridons	St Spyridons SPACE	8.00am	SPY/SPY
		JUNIOR B vs St Spyridons	St Spyridons SPACE	9.15am	SPY/SPY
		JUNIOR A vs St Spyridons	St Spyridons SPACE	10.30am	SPY/SPY

9	30 th July	FIRSTS vs Chevalier	Chevalier Crt		Chev/Chev
		SENIOR B vs Chevalier	Chevalier Crt		Chev/Chev
		INTERMEDIATE A vs Chevalier	Chevalier Crt		Chev/Chev
		INTERMEDIATE B vs Chevalier	Chevalier Crt		Chev/Chev
		JUNIOR A vs Chevalier	Chevalier Crt		Chev/Chev
		JUNIOR B vs Chevalier	Chevalier Crt		Chev/Chev
		10	6 th August	FIRSTS vs Oakhill 2	CCGS CRT 1
JUNIOR A vs Oxley	CCGS CRT 2			8.30am	Julie/Isabella
Photos RLC	SENIOR B vs Oxley		CCGS CRT 1	9.45am	Maddy/Janai
	INTERMEDIATE A vs SPGS		CCGS CRT 2	9.45am	Julie/Isabella
	INTERMEDIATE B vs Barker		CCGS CRT 1	11.00am	Maddy/Barker
	JUNIOR B vs SPGS		CCGS CRT 2	11.00am	Julie/Janai
11	13 th August	Semi Finals			
12	20 th August	Finals			



CENTRAL COAST
GRAMMAR SCHOOL

SCHOOL	VENUE DETAILS
Barker College	"Brickpit" Thornleigh Indoor Stadium, Dartford Rd, Thornleigh
Blue Mountains Grammar	School Gym, Matcham Avenue, Wentworth Falls
Central Coast Grammar	Richard Lornie Centre (RLC), entry via Carlton Road, Erina Heights, NSW 2260
Chevalier College	Chevalier College Grounds – Enter from Charlotte Street, Bowral
Oakhill College	Oakhill College Grounds, Old Northern Road, Castle Hill NSW 2154
Oxley College	School Grounds – Railway Parade, Burradoo
Redlands	Northern Beaches Indoor Sports Centre
St Andrews	Noel Martin Recreation Centre, Darlington Rd, Sydney University
St Pauls Grammar School	School Courts "The Centre", 53 Taylor Road, Cranebrook
St Spyridon College	St Spyridon College Senior Campus, 1130 Anzac Parade, Maroubra.