CENTRAL COAST GRAMMAR SCHOOL

CANTEEN SUMMER MENU (As at January, 2014)

BREAKFAST
Cheese Jaffle 2.00
Fresh Fruit Seasonal

SANDWICHES
Vegemite 2.00
Spaghetti 2.00
Baked Beans 2.00
Honey 2.00
Tomato 2.00
Cheese 2.00
Egg 3.00
Curried Egg 3.00
Ham 4.00
Chicken 4.00
Salad 4.00
Salmon 4.50
Smoked Salmon 6.00

Extras on Sandwiches / Rolls
Tomato 0.30 Lettuce 0.30
Cheese 0.30 Roll 0.80

Choice of Breads:
White & Wholemeal Bread & Rolls
Wraps

HOT FOOD
Chicken Nuggets 1.00
Pizza Rounda 2.00
Chicken & Corn Roll 2.00
Sun Rice Fried Rice 3.00

EAGLE BOYS PIZZA:
Ham & Pineapple, Chicken & Vegies 4.00

THURSDAY: ONLY

CHICKEN BURGER 4.00

TUESDAY: ONLY

SUSHI: Chicken Teriyaki, Salmon, Vegetarian 3.50
MONDAY & FRIDAY

All Breads used in Canteen are “PRESERVATIVE FREE”

FRUIT
Sliced Watermelon 1.00
Maaria’s Cored Peeled, Spiral Apple Special 1.00

FRESH FRUIT SALAD 4.00

DRINKS
Flavoured Milk
Chocolate Oak 4.00
Strawberry Oak 4.00
Banana Oak 4.00
Vanilla Oak 4.00
Just Natural 4.00
Ice Break 4.00
Chocolate 300mls 3.00
Strawberry 300mls 3.00
Milk (Plain 250ml) 1.00
Milk (Plain 500ml) 2.00
Light Soft drink Cans 2.00
Daily Orange Juice (300ml) 2.50
P/apple, Apple & Blackcurrant 2.50
Sparkling Apple Juice 2.00
Franklin Water (600ml) 2.00
Berri Pop Top: (Apple, Orange, multi-v) 2.00
Play Water (375ml) 2.00

POPPERS: Orange, Apple, Tropical 1.00

SNACKS
Fresh Fruit Seasonal
Hot Popcorn 1.00
Ginger Bread 2.00
JJ Crispy Noodles (Snack) 1.50
Banana Bread 3.00
Coconut Bread 2.00
Chips 1.50

SALADS
Salad Tray 5.00
(Extras: Ham, Chicken & Salmon) 1.00

CAESAR SALAD: on Order Only
Salad Only 4.00
Chicken Salad 5.00
SUGGESTIONS:

ROLLS - White and Wholemeal

WRAPS

SANDWICH - White and Wholemeal

1. Leg Ham, Mustard, Cheddar Cheese & Baby Spinach
   $6.00

2. Chicken, Mayo, Avocado & Rocket
   $6.00

3. Salmon, Cream Cheese, Red Onion & Mixed Lettuce
   or
   Smoked Salmon
   $6.00

   $5.00

5. Curried Egg, Mixed Lettuce & Shallots
   $5.00