Canteen Summer Menu (as at October 2012)

**Breakfast**
- Cheese Jaffle: 2.00
- Fresh Fruit: Seasonal

**Sandwiches**
- Vegemite: 2.00
- Spaghetti: 2.00
- Baked Beans: 2.00
- Honey: 2.00
- Tomato: 2.00
- Cheese: 2.00
- Egg: 3.00
- Curried Egg: 3.00
- Ham: 4.00
- Chicken: 4.00
- Salad: 4.00
- Salmon: 4.50
- Smoked Salmon: 6.00

**Extras on Sandwiches / Rolls**
- Tomato: 0.30
- Lettuce: 0.30
- Cheese: 0.30
- Roll: 0.80

**Choices of Breads:**
- White & Wholemeal Bread & Rolls
- Wraps

**Hot Food**
- Yummie Drummites: 0.80
- Pizza Rounda: 2.00
- Chicken & Corn Roll: 2.00
- Sun Rice & Fried Rice: 3.00
- Mini Potato Pie: 1.00

**Eagle Boys Pizza**
- Ham & Pineapple, Chicken & Vegies: 3.50

**Thursdays Only**
**Chicken Burger**
- 3.50

**Tuesdays Only**
**Sushi**
- Chicken Teriyaki, Salmon: 3.50
- Vegetarian: 3.50

**Fruit**
- Sliced Watermelon: 0.50
- Maaria’s Cored Peeled, Spiral Apple Special: 1.00

**Fresh Fruit Salad**
- 4.00

**Drinks**
- Oak Flavoured Milk (600ml): 3.50
  - Chocolate, Strawberry, Banana, Vanilla
- Ice Break Coffee: 3.50
- Just Naturals: 3.50
- Milk (Plain 250ml): 1.00
- Milk (Plain 500ml): 1.50

**Oak Flavoured Milk (300ml)**
- 2.50
  - Chocolate, Strawberry, Vanilla
- Light Soft Drink Cans: 2.00
- Daily Orange Juice (300ml): 2.50

**Large Berri Drinks**
- 2.50
  - Apple & Blackcurrant, Pineapple, Apple
- Berri Pop Top: (Apple, Orange, Multi-V): 2.00
- Play Water (375ml): 2.00
- Spring Water (375ml): 2.00
- Sports Drink - Powerade Zero: 3.50
- Quencher: 3.50

**Snacks**
- Fresh Fruit: Seasonal
- Hot Popcorn: 1.00
- Ginger Bread: 1.50
- JJ Crispy Noodles (Snack): 1.20
- Banana Bread: 3.00

**Salads**
- Salad Tray: 5.00
- (extras: Ham, Chicken & Salmon): 1.00
- Caesar Salad on Order only: 4.00
- Chicken Salad: 5.00

All Breads used in Canteen are ‘Preservative Free’
SUGGESTIONS

ROLLS    White & Wholemeal

SANDWICH White & Wholemeal

WRAPS

1. Leg Ham, Mustard, Cheddar Cheese & Baby Spinach
   $6.00

2. Chicken, Mayo, Avocado & Rocket
   $6.00

3. Salmon, Cream Cheese, Red Onion & Mixed Lettuce
   $6.00
   or
   Smoked Salmon, Cream Cheese, Red Onion & Mixed Lettuce
   $6.00

4. Avocado, Tomato, Mixed Lettuce, Carrot, Beetroot, Cucumber,
   Red Onion & Feta
   $5.00

5. Curried Egg, Mixed Lettuce & Shallots
   $5.00